



16th Annual **ARTURO BARRIOS** Invitational 5K & 10K • October 24, 2004

HELPING HANDS NEEDED!

The 16th annual Arturo Barrios Invitational 5K & 10K on the bayfront in Chula Vista will be drawing thousands of runners from all over the region. Volunteers are needed to assist the city in making this particular event the best ever. Spread the word--ask your friends and neighbors to get involved. There's plenty to do!

All volunteer opportunities below are from 6:30 a.m. to noon unless otherwise noted. Please fill out the volunteer application to join the fun! Fax applications to (619) 427-4246, or mail to: Fabiola Mendiola, Library Volunteer Coordinator, Chula Vista Public Library, 365 F Street, Chula Vista, CA 91910. For more info or to volunteer, call (619) 691-5000 or email volunteer@ci.chula-vista.ca.us.

- **Pre-registration** - October 23, 1-5 p.m. at the Chula Vista Sports Authority (390 East H Street)
- **Registration** (5:30 a.m. until 11 a.m.) - Sign-up new participants, assign running bibs to runners. (Bilingual volunteers preferred.)
- **Water Station** - Set up tables, fill water cups, serve water and clean up station.
- **Course Timers** - Pace volunteers along the course with stopwatches.
- **Finish Line/Medals** - Hand out medals to finishers.
- **Refreshments** - Distribute beverages and snacks to participants.
- **Kid's Corner** - Check-in children and monitor their activities. Bilingual volunteers preferred.
- **Clean Up** (2-4 p.m.) - Pick up trash and litter and load trucks with gear.

All volunteers will receive community service hours, a FREE T-shirt, goodie bag, and a delicious pancake breakfast!